

# Project ECHO<sup>®</sup>

## Pediatric Diabetes & Obesity

### 2020 Update

### Specialist Support for Primary Care

Pediatric diabetes, metabolic syndrome and obesity are on the rise. Primary care providers on the front lines of patient care want convenient and up-to-date learning opportunities in best practice medical care of complex conditions. ECHO<sup>®</sup>'s case-based and collegial learning format is the ideal program for this goal. Through Project ECHO<sup>®</sup>, our providers can offer education and support for you in treating these conditions!

### Project ECHO<sup>®</sup> offers the opportunity to:

- Present de-identified cases and obtain specialist feedback
- Review evidence-based practice guidelines
- Gain confidence in treating patients with diabetes and obesity
- Take advantage of convenient virtual learning
- Become an expert in your community



### Meet Our Team



Giovanna Beauchamp, MD  
ECHO Lead  
Pediatric Endocrinologist



Gail Mick, MD  
Pediatric Endocrinologist



Michelle Coulter, CRNP  
Project Coordinator

### Continuing Education

Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.



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UAB MEDICINE.

# Project ECHO<sup>®</sup>

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### 2020 Offerings

We will meet from 12-1 pm, CST, on the first and third Fridays of each month. Each mini-session will meet four times.

- Mini-Session 1 **Type 2 Diabetes/Metabolic Syndrome**  
February 7, February 21, March 6, March 20
- Mini-Session 2 **Obesity**  
April 3, April 17, May 1, May 15
- Mini-Session 3 **Comorbidities of Type 2 Diabetes/Obesity**  
August 7, August 21, September 4, September 18
- Mini-Session 4 **Type 1 Diabetes**  
October 2, October 16, November 6, November 20

### Who can participate?

All pediatric providers and staff including pediatricians, family physicians, NPs, PAs, nurses and MAs are welcome to participate!

### Technology Requirements

Use a smartphone, tablet or PC with a webcam to connect to our video conferences. Any touchtone phone can be used to connect via audio only.



### Questions? Ready to join?

Contact Michelle Coulter  
Email: [endoecho@peds.uab.edu](mailto:endoecho@peds.uab.edu)  
Call or Text: 205-410-9162

**To register, visit**  
[echo2020.eventbrite.com](http://echo2020.eventbrite.com)

**Why Project ECHO?** Patients with complex health issues need access to health providers, but there are not enough trained specialists available – especially in rural areas. Project ECHO<sup>®</sup> allows specialists from the University of Alabama at Birmingham to train primary care physicians to provide specialty care. This approach results in reduced healthcare costs and improved patient care!